**Nice Prayers of Narottam Das Thakura to Lord Shyamsundar when you feel Hopeless, Helpless and Lowly….**

# Chapter Three— Ätma-nivedana

## Self Surrender

### TEXT 1

*tümi ta dayära sindhü adhama-janära bandhu more prabhu kara abadhäna*

*paòinä asat-bhole käma-timiìgile gile e nätha kara pariträëa*

*tümi*—you; *ta—*are; *dayära—*of mercy; *sindhü*—ocean; *adhama—*fallen; *janära—*person; *bandhu—*friend; *more—*to me; *prabhu—*O Lord; *kara abadhäna—*glance; *paòinä—*fell; *asat-bhole*—in the misconception; *käma—*lust; *timiìgile—*whale; *gile—*swallow; *e nätha—*O Lord; *kara pariträëa—*protect me.

**O Lord, You are the ocean of mercy, the friend of the poor. Please mercifully glance towards me. I have fallen into the ocean of illusion where whales in the form of lust are trying to swallow me. Please protect me, O Lord!**

### TEXT 2

*jävat janama mora aparadhe hainü bhora niskapaöe nä bhajinü tomä*

*tathäpi ha tümi gati nä chaòiha präëa-pati müïi sama nähika adhamä*

*jävat—*as long as; *janama—*birth; *mora—*mine; *aparadhe—*with offenses; *hainü*—became; *bhora*—filled with; *niskapaöe—*without duplicity; *nä—*not; *bhajinü—*worship; *tomä—*you; *tathäpi-ha—* nevertheless; *tümi—*you; *gati—*destination; *nä—*not; *chaòiha—*leave; *präëa-pati—*Lord of my life; *müïi—*me; *sama—*equal; *nähika—*not; *adhamä—*fallen.

**Since my birth, I have committed unlimited offenses and have not worshiped You without duplicity. Nevertheless, You are my only shelter. O Lord of my life, please do not neglect me, there is none more fallen than me.**

*[****Absorbtion in spiritual life is not there then some arrangements are done by lord to make us helpless by conditionings. Be sheltered under some devotee. Take responsibility to help in others problems else if you become problem for others then Krishna will have to make you helpless due to anarthas.***

### TEXT 3

*patita-päbana näma ghoñaëä tomära çyäma upekhile nähi mora gati*

*jadi hai aparädhé tathäpiha tümi gati satya satya jena saté pati*

*patita-päbana—*deliverer of the fallen souls; *näma—*holy names; *ghoñaëä—*deliverers; *tomära—*Your; *çyäma—*Lord Kåñëa; *upekhile*—if You neglect; *nähi—*not; *mora—*mine; *gati—*shelter; *jadi—*if; *hai—*be; *aparädhé—*offender; *tathäpiha—*yet; *tümi—*You; *gati—*destination; *satya satya—*truly; *jena—*as; *saté—*chaste; *pati—*husband.

**O Lord Çyämasundara, You are known as the saviour of the fallen. If You neglect me, I have no alternative. Even if I be an offender, You are my only hope, just as the husband is the only hope for a chaste wife.**

### TEXT 4

*tümi ta parama debä nähi more upekhibä çuna çuna präëera éçvara*

*jadi karon aparädha tathäpiha tümi nätha sebä diyä kara anücara*

*tümi ta—*You are; *parama debä—*Supreme Lord; *nähi—*not; *more—*me; *upekhibä—*will neglect; *çuna çuna—*please hear; *präëera éçvara—*O Lord of my life; *jadi—*if; *karon—*do; *aparädha—*offense; *tathäpiha—*still; *tümi—*You; *nätha—*Lord; *sebä—*service; *diyä*—by giving; *kara—*make; *anücara—*servant.

***O Lord of my heart, please hear my prayer. You are the Supreme Lord. Please do not reject me. Even if I commit offenses, still You are my only protector. Please give me some insignificant service and consider me Your own servant.***

### TEXT 5

*käme mora hata cita nähi jäne nija hita manera nä ghüce durbäsanä*

*more nätha aìgé kürü tumi bäïcha-kalpa-tarü karüëä dekhüka sarba-janä*

*käme—*with lust; *mora—*mine; *hata—*pierced; *cita—*heart; *nähi—*do not; *jäne—*knows; *nija—*own; *hita—*benefit; *manera—*of the mind; *nä—*not; *ghüce—*vanquish; *durbäsanä—*material desires; *more—*to me; *nätha—*o my Lord; *aìgé kürü—*accept me; *tumi—*You; *bäïcha—*desire; *kalpa-tarü—*wish fulfilling tree; *karüëä—*mercy; *dekhüka—*let them be; *sarba-janä—*everyone

**My heart is pierced by lusty desires and so I do not know what is beneficial for me. I cannot vanquish the material desires in my polluted mind. O my Lord, You are the wish fulfilling desire tree. Please accept and purify me and let everyone see Your mercy.**

### TEXT 6

*mo-sama patita näi tribhüvane dekha cäi narottama-pävana näma dhara*

*ghüñüka saàsäre näma patita-pävana çyäma nija-däsa kara giridhara*

*mo-sama—*like me; *patita—*fallen; *näi—*not; *tribhüvane—*in the three worlds; *dekha—*look; *cäi—*carefully; *narottama-pävana—*deliverer of Narottama däsa; *näma—*name; *dhara—*to be known; *ghüñüka—*let it be; *saàsäre—*in the world; *näma—*holy names; *patita-pävana çyäma—*Lord Çyämasundara is the deliverer of the fallen; *nija—*own; *däsa—*servant; *kara—*make me; *giridhara—*O lifter of Govardhana Hill.

**O my Lord, please look throughout the three worlds, there is no one more fallen than me. Be celebrated as “the deliverer of Narottama.” Throughout the three worlds of birth and death, let it be known that Lord Çyämasundara is the deliverer of the fallen souls. Therefore, O Giridhari, make me Your own servant.**

### TEXT 7

*narottama baòa düùkhé nätha more kara sükhé tomära bhajana saìkértane*

*antaräya nähi jäya ei ta parama bhaya nivedana karoì anükñana*

*narottama—*Narottama däsa; *baòa—*very much; *düùkhé—*unhappy; *nätha—*O Lord; *more—*me; *kara—*make; *sükhé—*happy; *tomära—*Your; *bhajana—*worship; *saìkértane—*in the form of congregational chanting; *aìtaräya—*obstacles; *nähi—*not; *jäya—*goes; *ei ta—*this is the; *parama bhaya*—great fear; *nivedana—*pray; *karoì—*do; *anükñana*—constantly.

**O Lord, Narottama is very unhappy. Please make me happy by inspiring me to perform saìkértana. My greatest fear is that I will not be able to surpass the impediments on the path of devotional service. Hence, I pray to You constantly.**

*Antaräyä* means the impediments on the path of devotional service in the form of deep absorption in bodily activities, etc.